

RUMC BACKPACK MINISTRY

Each bag should contain the following food items:



One large 15 oz can of pasta



One 7.25 oz box Mac and Cheese



One large 15 oz can hearty chicken soup



One granola bar (NO PEANUTS)



One breakfast bar (any flavor)



One 1.5 oz package of Goldfish snack crackers



One 1.5 oz package of Cheez-it flavored snack crackers



One 2 oz package animal crackers



Two 1 oz boxes of cereal (any flavor)



Two (any combination) apple sauce/fruit cups



One 3.25 oz pudding cup (any flavor)

NO FOOD PRODUCTS CONTAINING NUTS PLEASE